

Spit Trail

An easy trail mostly along the shores of the "Spit" and following the airport fence
Popular with local hikers and runners - Plan a couple of hours to allow for beachcombing - Plenty of parking space - Multiple extensions possible along the shores - The exposed "spit" at low tide can be dangerous - strong currents - no swimming - You can find this trail and many others by activating "public trails" in the Gaia GPS app

PARKING AREA

